# 12/03/2021

# Meeting with Dr. Silver

# Agenda

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|  | Items | Allotted time |
| 1 | Whether student/ peer counsellors would be willing to:  • Engage with the forum through comments to the posts  • Writing about their own experiences with mental health (for the start of the forum)  • Act as moderators → upvoting and censoring users (if not → how to reach volunteers)  • Give feedback for our current features and design |  |
| 2 | Permission for panic button (UST 24/7 helpline) |  |
| 3 | Ask for feedback about our project --> for the user feedback portion |  |
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# Minutes

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|  | Notes | |
| 1 | * It would be hard for peer counsellors to act as moderators because they cannot monitor the website everyday.They can only help write posts and leave messages from time to time.   + Find volunteers/ ask peer counsellor directly (or contact the peer counsellor manager) * Counselling & Wellness Centre are making a 1-to-1 chat * Letter writing example (Stanley’s letter in a bottle idea) - has been said that it is very good and could really make some impact. * Concerns:   + Manpower to respond to the posts and comments   + If it becomes a chat platform (short replies), then it would be very hard to monitor   + Logistics arrangement in general * Feedback   + It's a good idea and appreciates that we are trying to bring more awareness to mental health * Permission is okay for 24/7 helpline * Peer counsellor program still in the initial stage   + Contact Chun Man Chan (chaneric@ust.hk)   + Distribute survey to peer counsellors | |
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